

The Risk Is Real Pledge

TAKE A STAND

I have learned about the risks associated with underage drinking. Because it is illegal and dangerous, ***I promise not to drink alcohol before age 21 or use other drugs.*** I commit myself to celebrating in a safe and healthy way. If I find myself in a situation where I feel unsafe or uncomfortable, ***I promise*** to call my parent or guardian for a ride home. ***I commit*** to this pledge and recognize there are consequences for every decision I make.

I have learned about the risks associated with underage drinking and substance abuse. I understand and agree to abide by my school's rules and guidelines on living a healthy lifestyle that is alcohol and drug-free.

Name: _____
School and Grade: _____
Date: _____



Based on MADD Power of Youth Pledge.

Visit: www.theriskisreal.org and talk about this with your parents and other adults at home!



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