

## THE RISK IS REAL PLEDGE

i pledge

ALLEGIANCE TO MYSELF AND WHO I WANT TO BE. I PLEDGE TO KEEP MY DREAMS ALIVE AND BE ALL THAT I CAN BE. I KNOW I CAN, AND THAT'S BECAUSE,

**I PLEDGE TO STAY..... TOBACCO, ALCOHOL and DRUG-FREE.**

*I have learned about the risks associated with underage drinking and substance abuse. I understand and agree to abide by my school's rules and guidelines on living a healthy lifestyle that is alcohol and drug-free.*

Name: \_\_\_\_\_

School and Grade: \_\_\_\_\_

Date: \_\_\_\_\_



Visit: [www.theriskisreal.org](http://www.theriskisreal.org) and talk about this with your parents and other adults at home!



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